# THE WORLD TAE KWON DO **FEDERATION**

## IN W. KIM'S

MARTIAL ARTS ACADEMY

#### STUDENT NAME: 0

- DATE OF BIRTH: / 1. 0
- ADDRESS 0
- CITY: STATE: ZIP: 0
- HOME PHONE: 0

BELT LEVEL(Circle on your current belt): 0 White / yellow / orange / green / purple / blue / brown / red (star 1<sup>st</sup>, 2<sup>nd</sup>)

### GUP (Below Black Belt Level) BELTS TEST FORM

CELL:

SUBJECTS		RESULTS											
		BALANCE		SPEED		ACCURACY		Р	POWER				
1	Concentration & attitude (ex / gd / fr / ni )												
2	Physical condition ( ex / gd / fr / ni )												
3	Terminology, philosophy, & speech ( EX / GD / FR / NI )												
4	Poomse (Black belt students only)	Α	В	С	Α	В	С	Α	В	С	Α	В	С
5	Kicks ( each belt level techniques )	Α	В	С	Α	В	С	Α	В	С	Α	В	С
6	Juchum seogi (Horse riding stance) (Punches & blocks 12 movements)	А	В	С	А	В	С	А	В	С	А	В	С
7	Combination kicks	Α	В	С	Α	В	С	Α	В	С	Α	В	С
8	Gyuck Pah (Breaking)	Α	В	С	Α	В	С	Α	В	С	Α	В	С
9	Kyorugi (Sparring) & Steps ( each belt level techniques )	А	В	С	A	В	С	А	В	С	A	В	С

## ✓ This form must be submitted to In W. Kim's Martial Arts Academy with a fee of \$45.00 at least one day before the test.

I hereby release the In W. Kim's Martial Arts Academy and their officers from any claims or damages, which may be incurred while traveling to, competing in or returning from this exam / promotion. I would personally like to have a Tae Kwon Do examination for promotion.

Date: ✓ Signature:

(Student or Legal guardian / parents)

• Result: Pass / Retest / Examiner Signature:

• Result: (It may vary depending on individuals age and ability)

- Pass (average B & up) Needs to retest: (More than 2 C's)
- Comments:

COMMITTED TO EXCELLENCE